

# POSTPARTUM KITS

Shower moms with love!

## WHAT'S IN A KIT?

- Diapers
- Newborn Socks
- Maxi Pads
- Breast Pads
- Soft Ice Pack
- Q-tips
- Granola Bars
- Cozy socks for mom
- Witch Hazel
- Items that promote healthy sleep for baby and mom



## BUILD A KIT FOR SOMEONE TODAY!

Interested in putting together a kit or running a supply drive?

Contact: **Noah Thompson (UWRV)** | [noah@uwrv.org](mailto:noah@uwrv.org)

**Autumn Lavering (CHIP)** | [autumn.lavering@chiprv.org](mailto:autumn.lavering@chiprv.org)



United Way  
of Roanoke Valley

